



The Tough-Minded Optimist

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Peale Norman Vincent

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Reliure: Poche

Présentation de l'éditeur

"If you want to live in this tough world and still have some real faith and optimism, this book is for you."

-- Norman Vincent Peale

The many ills of the modern world can be debilitating. With so much seemingly senseless violence, pain, and destruction, we need a lot of inner strength to overcome cynicism and despair -- and to remain hopeful about the future. With Dr. Peale's careful guidance, you can achieve happiness and security by learning how to:

- **Conquer your fear**
- **Free yourself of guilty feelings**
- **Live well and prosper, personally and professionally**
- **Become physically healthy -- the natural way**
- **Stay enthusiastic even in poor circumstances**
- **Tackle problems hopefully and creatively**
- **Harness the power of prayer** Biographie de l'auteur

Norman Vincent Peale, one of the most influential clergymen of his time, is the author of forty-six books, including the international bestseller *The Power of Positive Thinking*. Dr. Peale's legacy continues today through the Peale Center for Christian Living, the Outreach Division of Guideposts, www.dailyguideposts.com/positivethinking.

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